

ELI SACHSE, BSN, RN

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Curriculum Vitae

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EDUCATION

California State University San Marcos	Bachelor of Science in Nursing	Dec 2022
Merced College	Associate of Science in Nursing	May 2016
Boston University	Bachelor of Arts in Art History	May 2001
La Scuola Internazionale di Grafica	Semester abroad, Venice, Italy. Fine arts curriculum including painting and printmaking, and Italian language courses	Spring 2000

PROFESSIONAL EXPERIENCE

Kaiser Home Health (contract via AMN Healthcare), Santa Rosa, CA		Jan - Feb 2023
<ul style="list-style-type: none">Case Manager, Home Health: OASIS CMS admission, recertification and discharge assessments, wound care, phlebotomy, medication management		
Bedford Center for Nursing and Rehabilitation (per diem via Five Star Nursing), Brooklyn, NY		Jun 2022 - Dec 2022
<ul style="list-style-type: none">Unit Manager: Supervision and education of interdisciplinary teamTriage assessments, care coordination, wound care, IV medications, TPN, PEG feeding		
Hunterdon Medical Center, (contract via Aya Healthcare), Flemington, NJ		Feb 2022 - May 2022
<ul style="list-style-type: none">Case Manager, Visiting Nurse: Home health admission, OASIS CMS recertification and discharge assessments, wound care, medication management and health education		
Saint Clare's Dover Hospital (per diem via Aveanna Healthcare), Dover, NJ		Feb 2022
<ul style="list-style-type: none">Hospice RN: Care for patients on inpatient hospice unitCulturally sensitive whole-family care		
Central California LGBTQ+ Collaborative, (freelance contracts) Modesto, CA		Feb 2021 - Sept 2021
<ul style="list-style-type: none">RN Educator: Development and delivery of LGBTQ+ cultural sensitivity education modules		
JC Fremont Hospital District, Mariposa, CA		Nov 2019 - Jan 2021
<ul style="list-style-type: none">Case Manager, Visiting Nurse: Home health and hospice care coordinationCollaboration with interdisciplinary team, including team meetings & work delegationOASIS CMS admission, recertification and discharge assessments, wound care, phlebotomy, PICC care, DME coordinationMedication management including pain medication titrationSelf-directed scheduling and autonomous decision making		
Merced County Behavioral Health and Recovery Services, Merced, CA		Jun 2019 - Aug 2019
<ul style="list-style-type: none">Staff RN: Assessments and treatment at 16 bed psychiatric inpatient unit		
Santa Rosa Community Health, Santa Rosa, CA		Oct 2016 - Oct 2018
<ul style="list-style-type: none">Mental Health Case Manager: Primary care, case management and care coordinationWound care, medication administration and education, transgender health,		

<p>suboxone initiation, clozapine lab tracking, phone and live triage <i>Mercy Medical Center</i> (temporary via <i>Nelson Staffing</i>), Merced, CA</p> <ul style="list-style-type: none"> • ER Registration: Registered patients in a busy emergency department 	Aug 2014
<p><i>Missions Care Management</i>, Merced, CA</p> <ul style="list-style-type: none"> • Hospice Caregiver: In home assistance with daily activities 	Mar 2012- Aug 2012
<p><i>Cooinda Aged Care</i>, Lithgow, NSW, Australia</p> <ul style="list-style-type: none"> • Long Term Care Caregiver: Care assistance in 50 bed facility, including memory care • Gained valuable perspective on nationalized health care abroad 	May 2011 - Feb 2012
<p><i>Fifteen years in the hospitality industry as a server and a bartender</i></p> <ul style="list-style-type: none"> • Lifelong commitment to excellent customer service and hospitality 	2001-2016

PROFESSIONAL TRAINING

<i>American Heart Association:</i> BLS	Exp 2024
<i>ASIST:</i> Suicide Prevention Training Program	2019
<i>MAB Certification:</i> Management of Assaultive Behavior	2019
<i>Trans ECHO:</i> Transgender primary care, National LGBTQIA+ Health Education Center	2016

PUBLICATIONS

<p><i>My Health Teams</i>, San Francisco, CA: Freelance Health Writer</p> <ul style="list-style-type: none"> • Authored web articles on a variety of chronic healthcare conditions. Selected titles include: <ul style="list-style-type: none"> ◦ Narcolepsy Management at Home ◦ Assistive Technology for Communication in SMA ◦ Spinal Muscular Atrophy (SMA) Life Expectancy: What's Known, and What's Unknown? ◦ Psoriasis and Ethnicity: Is Race a Risk Factor? ◦ Hospice Care for People With MPNs 	Feb 2021 - Dec 2021
<p>Next-Level Ally: How to Support Your Queer and Transgender Friends. Microcosm Publishing</p> <ul style="list-style-type: none"> • Short book on advocacy and allyship written for a general audience 	Oct 2020
<p>The Current State of Surgical Treatments for Gender Affirmation. (Article) Sonoma Medicine</p>	Mar 2018
<p>Sex Without Roles: Transcending Gender. Microcosm Publishing</p> <ul style="list-style-type: none"> • Short book frankly discussing sex as a transgender person, aimed at a gender non-conforming audience 	Sept 2017

INVITED TALKS AND PRESENTATIONS

<i>Cultural Humility and LGBTQ+ Care</i> , Fresno State School of Nursing	Fall 2021
<p>Equity & Wellness Workshop Series (online), presented by the Stanislaus LGBTQ+ Collaborative:</p> <ul style="list-style-type: none"> • <i>LGBTQ+ 101 (Terminology and Concepts)</i> • <i>Expanding Gender: An Introduction to Trans and Non-Binary Identities (Youth-Focused)</i> 	Aug 2021 - Sept 2021

- *Working With Older Transgender Clients*
- *Why Pronouns Matter*
- *Recognizing the Needs of LGBTQ+ Older Adults - AB 2719*
- *Restructuring Inclusion: Better Practices for Working With LGBTQ+ Older Adults*
- *Required Demographic Information Collection: Sexual Orientation and Gender Identity and Expression (SOGIE) - AB 677*

Cultural Humility and LGBTQ+ Care, Stanislaus County Behavioral Health and Recovery Services, provider in-service Jul 2021

From the Transgender Patient Perspective, Merced County Behavioral Health and Recovery Services, Community Health Fair 2020 & 2021

VOLUNTEER SERVICE

2023

*LGBTQ Merced, Merced, CA: **Founding Member***

- *Organized leadership team of new chapter of existing non-profit*
- *Website and social media design and content creation*

2018- 2021

*The Merced Pride Center, Merced CA: **Founder***

- *Founded peer-led support group for transgender and non-binary clients, facilitated group for 3 years, recruited and trained future facilitators and trainers*
- *Founded LGBTQ+ resource center in rural community, in collaboration with local non-profit (Merced County Arts Council), recruited and trained volunteer staff*
- *Wrote policies and procedures handbook, volunteer application forms, demographic information and mental health survey*
- *Received \$20,000 grant funding for continued peer-led services through partner organization (Mental Health Services Act funding administered by the Stanislaus LGBTQ+ Collaborative)*

*GLSEN Merced: **Founder and Co-Chair***

2019-2021

- *Founder and board member of local chapter of a national non-profit*
- *Recruited and organized board of directors*
- *Organized and wrote application for chapter formation, including organizing two community input gathering meetings*
- *Chapter received grant of \$15,000 per year for first three years from local foundation*

*American Red Cross: **Health Services Supervisor***

2017-2021

- *Supervised and delegated duties to allied health volunteers during disaster deployment*
- *Mental health first-aid, care coordination, crisis triage at emergency shelters*

TRAVEL AND ACTIVITIES

Bicycled 700 miles from Merced, CA to Phoenix, AZ

Feb 2021

- *Solo, self-supported including camping*

Backpacked 42 mile loop in Kings Canyon National Park, CA

Jun 2020

- *Rae Lakes section of the John Muir Trail*

- Backpacked 40 mile loop near Bishop, CA *Jun 2017*
- Evolution Valley section of the of the John Muir Trail
- Backpacked 39 miles across the Sierra Nevadas, from Yosemite, CA to Mammoth, CA *Jun 2015*
- Northern start of the John Muir Trail
- Bicycled 2,200 miles from Washington, DC to Cainville, UT *Apr 2014 - Jun 2014*
- Combination self-supported with partner, camping, & supported with vehicle
 - Route creation and logistical planning
- Rockclimbing in Australia, including the Blue Mountains and Mount Arapiles *Feb 2010- Feb 2011*